



SEATTLE CENTRAL COLLEGE

One of the Seattle Colleges

Bachelor of Applied Science in Allied Health-Dental Hygiene Program

1200 12th Ave S Seattle, WA 98144

Dental Hygiene Program Contact:

Phone: 206-934-4186;

Email: dh.central@seattlecolleges.edu

Wade Kendall, DDS, Interim Program Director

206-934-3184, Wade.Kendall@seattlecolleges.edu

Dental Hygiene Website: <https://healthcare.seattlecentral.edu/programs/dental-hygiene>

DHY Program Admission Information Packet

Seattle Central College's Dental Hygiene program is accredited by the [Commission on Dental Accreditation](#). 211 East Chicago Avenue, Chicago, IL 60611-2678, 1-800-621-8099 x 4653.

I. Eligibility

To be eligible as an applicant with Seattle Central 's Dental Hygiene program, all prerequisite courses must be completed with a minimum GPA of 2.5. All community service hours (minimum of 80 hours), proctored essay, and Admission Test for Dental Hygiene (ATDH) OR Test of Essential Academic Skills (TEAS) (minimum score of 60%) must be complete.

Admission to the program is open to all qualified students regardless of economic or social status and without discrimination on the basis of race, color, sex, marital status, beliefs, age, national origin or disability.

Important Notes:

1. All admission requirements must be complete prior to submitting the dental hygiene application. See the Dental Hygiene Program Requirements Worksheet for a checklist of requirements.
2. A minimum grade of 2.5 is required in EACH prerequisite course.
3. Transcript Evaluations must be done for all coursework taken outside of Seattle Central College. This must still be completed for courses taken at North and South Seattle College campuses.

Physical demands on a Dental Hygienist

The Dental Hygiene profession is extremely demanding physically and requires very fine motor skills and movement.

If you have difficulty in any of the areas listed below, we strongly encourage you to discuss the impact of these difficulties on a career in dental hygiene with your physician.

If you are still concerned after discussing with your physician, we encourage you to make an appointment with the Executive Director of Dental Programs, 206.934.3184, to discuss additional options.

If you have difficulty in any of these areas, we also encourage you to seek information from Disability Support Services office to determine if there is a reasonable accommodation available to support your progress in the program.

Visual Acuity

- Acute enough to read small printed labels on medications
- Acute enough to read small numbers on instruments

Hearing Acuity

- Acute enough to hear and understand words spoken when muffled by a mask
- Acute enough to hear blood pressures and heart rate with stethoscope
- Ability to hear and understand in presence of significant background noise (air filters, ultrasonics, handpieces)

Speaking Ability

- Verbal expression clear and distinct enough to enunciate dental terminology while wearing a facemask
- Ability to express thoughts clearly

Digital Dexterity

- Agile enough to handle dental instruments with both left and right hands
- Able to bend at the wrist, shoulder, and the elbow

Professionalism

- Able to complete required tasks/functions under stressful conditions
- Self-directed
- Able to interact professionally with all members of the dental team

II. Commitment

The Dental Hygiene Program is a vigorous and intense program of study. Success in the program requires major commitment to make studying a priority. Study outside of class is a requirement. Working more than 20 hours per week is discouraged due to the time requirements in the program. Students need to have good time management skills as well as assistance with childcare and finances.

III. Campus Locations

Seattle Central College dental hygiene program is located at the Health Education Center in Beacon Hill. Beyond the educational and clinical learning experiences at the Health Education Center, students will be required to engage in clinical activities at external sites throughout Seattle.

IV. Dental Hygiene Program Admission Requirements

Prerequisite Requirements

Course Number	Course Title	Course Credits
BIOL& 160 or BIOL& 211	General Biology or Cell Biology	5
BIOL& 241	Human Anatomy & Physiology I	5
BIOL& 242	Human Anatomy & Physiology II	5
BIOL& 260	Microbiology	5
CHEM& 121	Intro to Chemistry	5
CHEM& 122 or CHEM& 131	Intro to Organic Chemistry or BioChemistry	5
MATH& 146	Statistics	5
NUTR& 101	Human Nutrition	5
ENGL& 101	Composition I	5
ENGL& 102	Composition II	5
HUM 105	Intercultural Communication	5
Humanities Elective	(Refer to the VLPA Requirements see College Catalog)	5
PSYC& 100	General Psychology	5

Additional Program Admission Requirements

- Community Service Verification (≥ 80 hours) No more than 3-years old
- Complete the Admission Test for Dental Hygiene (ATDH) OR Test of Essential Academic Skills (TEAS) (minimum score of 60%) within 18 months prior to the application date. Note: 2023-2024 will be the last year we will accept the TEAS Exam.
- Have your transcripts evaluated prior to applying if you have taken classes outside of Seattle Central College. Submit official transcripts to SCC Registration and Records and then submit an Incoming Transcript Evaluation Request Form <https://seattlecentral.edu/media/transcript-evaluation-request-form> to Registration and Records Office by email to credentials.central@seattlecolleges.edu This process takes 8-10 weeks to complete. Verification of completed transcript evaluation must be uploaded with the application.
- For applicants who have taken Advanced Placement (AP) exams for credit and placement in college, please refer to the College's Credit for Prior Learning Policy <https://seattlecentral.edu/credit-for-prior-learning>. Prerequisite courses awarded college credit based on passing AP exam scores will receive a Satisfactory (S) grade (2.0), which does NOT meet the minimum 2.5 grade requirement. These courses would need to be retaken with a minimum 2.5 grade to be accepted to a dental hygiene application.

V. Application and Selection Criteria

Students are accepted by a point system of applicants who have completed all program admission requirements by the application submission deadline. There a total of 100 points: 65 points for the application criteria and 35 points for the mandatory interview.

Application Criteria (65 points)			Maximum Points
Essay Evaluation Essays will be evaluated on organization, content, and writing quality (i.e. grammar, spelling, and punctuation). Each essay question will have a maximum score of (10 pts). The total score of the evaluators will be calculated and used on your application. <ul style="list-style-type: none"> Organized, content supports topic, minimal grammar/spelling errors (10 pts) Mostly organized, content mostly supports topic, some grammar/spelling errors (6 pts) Lack of organization, content does not support topic, many grammar/spelling errors (4 pts) 			20
Grade Point Average (GPA) Minimum grade of 2.5 required for EACH course <ul style="list-style-type: none"> Science Courses (3.7-4.0) (15 points) Science Courses (3.4-3.6) (10 points) Science Courses (3.0-3.3) (8 points) Science Courses (2.5-2.9) (3 points) Non-Science Course (3.7-4.0) (10 points) Non-Science Course (3.4-3.6) (8 points) Non-Science Course (3.0-3.3) (6 points) Non-Science Course (2.5-2.9) (3 points) As per state requirements, no classes can be repeated more than three times. Points will be deducted per each time a course was repeated by 1 point. 			25
Admission Test for Dental Hygiene (ATDH)-MIN score of 350	Test of Essential Academic Skills (TEAS) - MIN score of 60%	Points	20
400-500	90.7% to 100.0%	20	
380-390	78.0% to 90.6%	15	
350-370	60.0% to 77.9%	8	
Maximum Total Available Points			65
Interview Criteria (35 points)			Maximum Points
Mandatory Interview			35
Additional possible bonus points			
Previous Education and Experience <ul style="list-style-type: none"> Dental Assisting (DA) and Expanded Functions Program (EFDA) graduate of Seattle Colleges CODA accredited dental assistant or EFDA program requiring 9 months or more of full-time study 5 points or CDA Certification through Dental Assisting National Board (DANB) 5 points or Licensed as an EFDA 5 points or 2,000 hours experience as a Neighborcare dental assistant or front office assistant 5 points or Verified Military Service (current service or honorable separation) Verified with DD214 (5 points) or Previous degree bachelor's or higher degree must submit official transcript to the credential office for proof and upload a copy in with your online application (5 points) 			10 Bonus points max

VI. Pathways to Admission

Guided Pathways at Seattle Central College is a coordinated effort to connect every student to the best educational program for their needs, strengths, and aspirations. The purpose of the Dental Programs' Pathways to Admission is to dismantle systems that perpetuate racial and social inequity, using inclusive evidence-based practices that promote equity and institutional transformation.

- **Up to 5 positions will be reserved for the following Pathways.** Please note that admission into the DHY program is NOT guaranteed:
 - Note that pathway students must meet minimum program requirements and complete the full application process.
- **Dental Assisting (DAST) Pathway** (Up to 2 positions)-Must be a graduate of the Seattle Central College or Seattle Vocational Institute Dental Assisting Programs; must have current Certified Dental Assistant (CDA) Certification.
- **Expanded Functions Dental Auxiliary (EFDA) Pathway** (Up to 2 positions) - Must be a graduate of the Seattle Central College or Seattle Vocational Institute Dental Assisting Programs; must have current Washington EFDA license.
- **Worker Retraining** (Up to 1 position)-Must be eligible through Workforce Services

To qualify for a Pathway to Admission into the DHY Program, each applicant must contact the Program Coordinator to express their intent to apply as a Pathway to Admission applicant. This is to clarify the dental hygiene pathway and assist with entry into the dental hygiene program.

When accepted into the DHY Program on a Pathway to Admission, you will be required to sign a contract requiring at least 1 quarterly self-reflective assessment with the Executive Director of Dental Programs to monitor and support your successful matriculation in the DHY Program.

VII. Admission Procedure

Only students with completed online applications will be considered for admission to the Seattle Central College (SCC) Dental Hygiene Program. It is the student's responsibility to ensure that all requirements are met, and all required documents are uploaded in the online application for admission.

Upon review of the application criteria, the top applicants will be invited to a mandatory interview in February/March. Using the selection criteria, the top 20 applicants will be offered admissions into the program starting in the summer.

VIII. Post-Admittance Requirements

After acceptance for admission and before beginning courses, students will receive detailed instructions for meeting the following mandatory requirements:

1. Complete a national background check
2. Accepted candidates are required to have a physical, eye, and hearing exams as well as provide proof of immunizations.

Required Immunizations (lab results must be included):

- Hepatitis B requires a positive titer showing immunity
- Influenza requires a 1-dose given (during flu season July – June)
- A QuantiFERON®-TB Gold In-Tube test (GFT-GIT) showing no active TB or if TB test is positive, it is necessary to have a chest x-ray and a TB Assessment signed by a healthcare provider (must be done before entering the program)
- Measles, mumps, & rubella (MMR) requires a positive titer showing immunity

- Varicella (chickenpox) requires titer showing immunity.
- Tetanus, diphtheria, pertussis requires 1-dose within the last two years or TD within 10 years.
- COVID-19 vaccination (1-dose or 2-dose series); Boosters after 6 months are recommended and may be required.

NOTE: Due to Dental Programs' clinical partnerships, full vaccination against COVID-19 is required for all students enrolled in the Dental Programs. Although the Seattle Colleges District considers requests for exemptions or accommodations from COVID vaccination, our clinical partners are currently NOT willing to accept unvaccinated clinical students regardless of whether the students qualify for an exemption or accommodation from the COVID vaccination.

3. Acceptance into the dental hygiene program requires professional membership in the American Dental Hygienists' Association (ADHA) and Washington Dental Hygienists' Association (WDHA).
4. Provide proof of current personal health insurance

IX. Reapplication Policy

If an applicant is not accepted into the program and wishes to reapply at the next admission cycle, the applicant should attend another information session and resubmit an application by the deadline. All program requirements must be satisfied prior to submission of the dental hygiene application. No extra application points will be awarded for reapplications.

X. Reasonable Accommodations for Students with Disabilities

Seattle Central College is committed to providing qualified students with a disability an equal opportunity to access the benefits, rights, and privileges of services, programs and activities in an accessible setting appropriate to the student's needs. No student shall, on the basis of her or her disability, be excluded from participation, be denied the benefits of, or otherwise be subject to discrimination under any Seattle Central College program or activity.

Seattle Central College is committed to providing an accessible setting appropriate to the student's needs, in compliance with the Americans with Disabilities Act, Section 504 of the Rehabilitation Act of 1973 and the disability laws of the State of Washington.

To receive reasonable accommodations, students are responsible both for requesting accommodations and for providing appropriate written documentation as defined in the implementing procedures.

The Accessibility Resource Center on at Seattle Central College shall be responsible for implementation of this policy and the related procedures.

Legal Authority: US Americans with Disabilities Act (P.L. 93-112) and RCW 49.60.

<https://seattlecentral.edu/about/policies-and-procedures/equal-opportunity-institution>

Program Criminal Background Check

Seattle Central College has established a background check procedure, which will be provided to students upon acceptance into the program. Students will be sent a link to have a criminal background check. This must be completed prior to orientation. Results from the background check are sent directly to the program by the company conducting them. Clinical facilities may request additional background checks.

XI. Scope and Sequence

PROGRAM SEQUENCE
SEATTLE CENTRAL COLLEGE
Dental Hygiene Program Scope & Sequence
REQUIREMENTS FOR THE
Bachelors of Applied Science - Degree – B.A.S. DEGREE

Effective Summer 2021

TOTAL PROGRAM CREDITS REQUIRED BAS: 195
TOTAL PREREQUISITE COURSES: 65
TOTAL PROGRAM CREDITS REQUIRED AAS-T: 95 CREDITS

<u>PREREQUISITE COURSES</u>	<u>CREDITS</u>
BIOL& 160 or BIOL& 211 General Biology or Cell Biology	5
BIOL& 241 Human Anatomy & Physiology I	5
BIOL& 242 Human Anatomy & Physiology II	5
BIOL& 260 Microbiology	5
CHEM& 121 Intro to Chemistry	5
CHEM& 122 or CHEM& 131 Intro to Organic Chemistry or BioChemistry	5
MATH& 146 Statistics	5
NUTR& 101 Human Nutrition	5
ENGL& 101 Composition I	5
ENGL& 102 Composition II	5
HUM 105 Intercultural Communication	5
Humanities Elective (Refer to the VLPA Requirements see College Catalog)	5
PSYC& 100 General Psychology	5
Total Prerequisite Credits:	65

ASSOCIATE’S DEGREE COURSES: DENTAL HYGIENE TRACK

<i>Quarter 1</i>	Summer	<u>CREDITS</u>
AHE 128	Introduction to Healthcare Practice (4 hours lecture)	4
AHE 129	Introduction to Healthcare Practice (2hours lab)	1
DHY 251	Human Pathophysiology (3 hours Online)	3
DHY 254	Health Promotion (2 hours didactic)	2
DHY 257	Head and Neck Anatomy	2
Total		12
 <i>Quarter 2</i>	 Fall	
DHY 250	Oral Biology (2 hrs Online)	2
DHY 252	Fundamentals of Dental Hygiene I	3
DHY 253	Clinical Dental Hygiene I (6 hours lab)	3
DHY 255	Dental Radiology I (2 didactic)	2
DHY 256	Dental Radiology I Practice (4 hours lab)	2
DHY 258	Dental Anatomy and Morphology (2 hours didactic)	2
DHY 259	Dental Anatomy and Morphology Practice (2 hour lab)	1
DHY 260	Emergency Management (1 hour didactic)	1
DHY 261	Preventive Dentistry (2 didactic)	2
		18

AAS - T in Allied Health Awarded 95 total program credits

BAS IN ALLIED HEALTH: DENTAL HYGIENE TRACK COURSES

Quarter 3	Winter	
DHY 300	Clinical Dental Hygiene II (8 hours lab)	4
DHY 303	Fundamentals of Dental Hygiene II (3 hours didactic)	3
DHY 306	Restorative Practice and Materials I (2 hours didactic)	2
DHY 307	Restorative Practice and Materials I Practice (2 hours lab)	1
DHY 313	Periodontology I (3 hour didactic)	3
DHY 314	Dental Radiology II (2hrs lecture)	2
DHY 315	Dental Radiology II Practice (2 hours lab/clinic)	1
DHY 311	Pain Control Anesthesia (2hr didactic)	2
		18
Quarter 4	Spring	
AHE 401	Research Methods in Allied Health	5
DHY 301	Clinical Dental Hygiene III (8 hours lab/clinic)	4
DHY 304	Fundamentals of Dental Hygiene III (2 hours didactic)	2
DHY 308	Restorative Practice and Materials II (2hrs didactic)	2
DHY 309	Restorative Practice and Materials II Practice (2hrs lab)	1
DHY 312	Pain Control Anesthesia Practice (4 hour lab)	2
DHY 323	Pharmacology (3 hours Online)	3
		19
Quarter 5	Summer	
DHY 302	Clinical Dental Hygiene IV (16 hours lab/clinic)	8
DHY 305	Fundamentals of Dental Hygiene IV (2 hours didactic)	2
DHY 310	Advanced Restorative Practice I (4 hours in lab/clinic)	2
DHY 318	Oral Pathology (2 hours Online)	2
		14
Quarter 6	Fall	
DHY 391	Community Dental Health I (2 hour didactic)	2
DHY 400	Advanced Practicum in Dental Hygiene I	8
DHY 404	Principles of Dental Hygiene Practice I	3
DHY 407	Strategies of Capstone Project	1
DHY 410	Advanced Restorative Practice II	2
DHY 413	Periodontology II (2 hrs didactic)	2
		18
Quarter 7	Winter	
DHY 401	Advanced Practicum in Dental Hygiene II	8
DHY 405	Principles of Dental Hygiene Practice II	2
DHY 409	Ethics and Jurisprudence (2 hours online)	2
DHY 411	Advanced Restorative Practice III	2
DHY 414	Selective Populations (1 hour didactic)	1
DHY 415	Selective Populations Practice (2 hour lab/clinic)	2
DHY 419	Community Dental Health II	2
		18
Quarter 8	Spring	
DHY 402	Advanced Practicum in Dental Hygiene III	8
DHY 406	Principles of Dental Hygiene Practice III	1
DHY 408	Capstone	1
DHY 412	Advanced Restorative Practice IV	2
DHY 416	Professional Issues I	1
		13
PROGRAM CREDITS AT DHY 300-400 LEVEL:		100
TOTAL PROGRAM CREDITS INCLUDING PREREQUISITES AND ASSOCIATES DEGREE:		195
	BAS in Allied Health Sciences Awarded	

Estimated Cost of the Program

Based on Washington State's resident tuition rates, approximate costs for the eight quarters in the dental hygiene program are listed below. Prerequisite courses, expenses, room and board are not included. Seattle Central College does not have dormitories. Instruments, lab coats, and supply costs are due at the beginning of the assigned quarter. Payment in full is expected. No payment plans are available. Please keep in mind that these costs are estimated and are subject to change.			
Summer quarter: (12 credits)	Cost	Fall quarter: (18 credits)	Cost
Seattle Central tuition ^a	\$1,309.18	Seattle Central tuition ^a	\$2,415.96
Mandatory fees	210	Mandatory fees	202
Instruments and supplies (must be paid in full) ^b	1,410	Instruments and supplies (must be paid in full) ^b	1,340
Uniforms and shoes (student choice)	350	Books	approximately 100
Books	approximately 575	Clinic lab fee ^c	845.50
Clinic lab fee ^c	845.50	*CRDT Restorative (site fee \$100)	\$395
WDHA Professional Association dues (\$55 2-year)	55	*CRDT Anesthesia (site fee \$100)	\$395
ADHA Professional Association dues (\$65 1-year)	65	*National Boards	\$550
Professional liability insurance	47	*Not included in cost, these fees are paid to the testing site	Paid to testing sites
Estimated total	\$4,819.68	Estimated total	\$5693.46
Fall quarter: (18 credits)			
Seattle Central tuition ^a	\$1,662.82	Seattle Central tuition ^a	\$2,415.96
Mandatory fees	202	Mandatory fees	202
Books	approximately 300	Books	approximately 100
Instruments and supplies (must be paid in full)	3,800	Instruments and supplies (must be paid in full)	1,175
Clinic lab fee ^c	845.50	Clinic lab fee ^c	845.50
Estimated total	\$6,810.32	ADHA Professional Association dues	65
Winter quarter: (18 credits)			
Seattle Central tuition ^a	\$2,415.96	*CRDT Clinical Dental Hygiene (\$1,375)	\$140 Paid to testing sites
Instruments and supplies (must be paid in full) ^b	3,200	*State of Washington Drug and Law Exam (\$150)	
Mandatory fees	202	Estimated total	\$3,628.46
Books	approximately 300	Spring quarter: (13 credits)	
Clinic lab fee ^c	845.50	Seattle Central tuition ^a	\$2,357.61
WDHA Symposium registration	140	Mandatory fees	202
ADHA Professional Association dues	90	Books	approximately 100
Estimated total	\$7,193.46	Clinic lab fee ^c	845.50
Spring quarter: (19 Credits)			
Seattle Central tuition ^a	\$2,635.97	State of Washington Department of Health (\$100)	Paid to testing site
Mandatory fees	202	Sealant & Fluoride Endorsement (\$50)	
Books	approximately 100	Estimated total	\$3,505.11
Clinic lab fee ^c	845.50	TOTAL TWO YEARS	
Estimated total	\$3,783.47	(with in-state tuition ^a)	
Summer quarter: (14 credits)			
Seattle Central tuition ^a	\$2,345.94	Health insurance	
Mandatory fees	202	Health insurance	Costs vary
Instruments and supplies (must be paid in full) ^b	600	•	
Books	approximately 115	Central Regional Dental Testing Fees (CRDT)	
Clinic lab fee	845.50	Hygiene (site fee \$200) paid to the testing site	\$1,025
Professional liability insurance	47		
Estimated total	\$4,155.44		

The yellow highlighted section is not covered by the GI Bill. Please check with Financial Aid for all funding.

a, b, and c below relate to the above footnotes:

- a. Tuition subject to change.
- b. Instruments, lab coats, and supply costs are due at the beginning of the assigned quarter. Payment in full is expected. No payment plans are available.
- c. Includes materials and maintenance costs

ALL COSTS ARE SUBJECT TO CHANGE THESE ARE ONLY ESTIMATES BASED ON CURRENT AVAILBLE PRICES

1. Resident tuition rates shown are for the 2022-2023 academic year and are subject to change by state legislature. Non-resident or International, and Veterans tuition costs can be found at: <https://seattlecentral.edu/enrollment-and-funding/enrollment-and-admissions/tuition-and-payment>. All Seattle Central fees are collected quarterly when tuition is due.
2. Additional instruments may be issued dependent upon technology and instrument advancements.

For information regarding fees for bus passes, please call Transportation Services at (206) 934-6932 or (206) 934-3202.

For information regarding fees for parking permits, please contact Republic Parking at <https://rpnw.com/locations/seattle/30-504/>

Student Name _____

Date _____

2024 Prerequisite Worksheet

This section consists of a prerequisite worksheet which MUST BE COMPLETED AND INCLUDED IN WITH YOUR APPLICATION

Use this worksheet to see if your math and science classes are within the 5-year limit. (Five years counting from the time you took the course to the application deadline date.) ***All prerequisites must be complete at the time of application to be considered. This is just a planning sheet for you to plan when to complete or have completed the prerequisite courses.**

Application cutoff date January 15, 2024 (incoming Summer 2024) Add grade to the quarter and where taken	BIOL& 160 General Biology (Science) or BIOL& 211 Cell Biology List grade below	BIOL&241 Human Anatomy & Physiology I (Science) List grade below	BIOL& 242 Human Anatomy & Physiology II (Science) List grade below	BIOL& 260 Microbiology (Science) List grade below	CHEM& 121 Intro to Chemistry (Science) List grade below	CHEM& 122 Intro to Organic Chemistry (Science) Or CHEM& 131 Biochemistry List grade below	MATH& 146 Q-Statistics (Science) List grade below
*Plan to take							
2023 Winter							
2023 Spring							
2023 Summer							
2023 Fall							
2022 Winter							
2022 Spring							
2022 Summer							
2022 Fall							
2021 Winter							
2021 Spring							
2021 Summer							
2021 Fall							
2020 Winter							
2020 Spring							
2020 Summer							
2020 Fall							
2019 Winter							
2019 Spring							
2019 Summer							
2019 Fall							

The courses below have no time limitation.

Course number	Course name	Quarter/YR completed	*Plan to take and Where taken	Grade
NUTR& 101 (Science)	Human Nutrition			
ENGL& 101	Composition I			
ENGL& 102	Composition II			
PSYC& 100	General Psychology			
HUM 105/ISP or CMST XXX	Intercultural Communication			
Humanities elective Refer to the VLPA requirements	Write in course name			

Updated 7/18/2023